Basic Archery Instructor Course

USA Archery & NFAA

Saturday-Sunday, March 10 & 11, 2012 at Worth Ranch

For Boy Scout, Varsity, and Venturing Adults

Registration Form

Acct. # 1-6701-270-21

Name: _____

Age _____ Unit _____ District _____

Address: _____

_____

_____ Zip: _____

E-mail Address: _____

Phone Numbers: Home: _____ Work: _____

This course is for adults who would like to run an archery program for their Boy Scout Troop, Varsity Team, or Venturing Crew, and to be Archery Merit Badge counselors. Upon completion, students will receive the **Basic Archery Instructor** certification, instructor card (valid for 3 years), the Instructor's Manual, and a Longhorn Council Archery Instructor's patch.

Cost: Register through the Longhorn Council Camping Registrar - $75.00 (check payable to Longhorn Council). This is open to registered BSA adults or youth age 18 or older OR other participants with permission.

Location: Worth Ranch

Dates & times: Saturday, March 10, 2012 9:00 a.m. – 6:00 p.m. AND
Sunday, March 11, 2012 9:00 a.m. – 3:00 p.m.

Class Size: Class size is limited to **20** participants.

Deadline: 12:00 noon, March 1 (need to order materials)

Lodging: You may camp at Worth Ranch starting Friday night at no cost. Food is not provided. There is a good place to get a hamburger in Palo Pinto at noon. Hotels/motels are available in Mineral Wells which is only 20 minutes away. Note that tobacco and alcohol products are not allowed at Worth Ranch. Firearms are not allowed, and archery equipment may only be brought with Don Goldston's approval.

Those seeking re-certification (with proof of prior certification) need to contact Don Goldston (don.goldston@verizon.net or 817-403-4885) **directly for a one-day class that Saturday.**

Basic Archery Instructor Training

Spring 2012 Course Information

The key to a successful archery program is a trained staff. If quality Archery is part of your Troop, Team, or Crew program, send your candidate to the **USA Archery/NFAA** Basic Instructor course being sponsored by Longhorn Council **(used to be NAA Level 1).** The course is 12 hours in length and costs $75. It includes all necessary Archery Instructor training and materials. It's excellent for senior youth. This is a 2-day class.

The training course outline is the official archery instructor course used by both the **USA Archery (formerly NAA) and NFAA.** The course will be presented by Course Director Don Goldston. Course size is limited to the first **20** pre-paid candidates. Registration deadline is Thursday, March 1, so materials can be ordered.

Instructor candidates will learn to operate a safe and educational Archery Range. An Instructor manual is issued and teaching methods are practiced. Certification is valid 3 years. This course and certification is required to run archery activities for Scouts, Teams, Crews, etc., and is required to become reserve and run any LHC camp archery range. Instructor cards are only issued upon course completion. In addition, activities required for the Archery Merit Badge will be addressed, i.e. string-making, arrow building, along with BSA policies.

Course Requirements:

1) Be registered with a Boy Scout Troop, Varsity Team, or Venturing Crew. Other participants are welcome understanding they will be on Scout property.
2) Attend the entire course
3) Pass a written archery test with a score of 75% or better, and
4) Serve effectively as a student instructor during training.

Shooting skills are not required, but helpful. Camp archery equipment will be supplied by Longhorn Council, sponsor of this NADA Basic Archery Instructor training course.

Basic Instructor Course Outline

1. Introduction
Introduction of Staff & Participants
Course Requirements

2. Safety/Orientation Class

3. Archery Safety
Review the Safety/Orientation Class
Safety Rules and Procedures
Outdoor Archery Range Setup

4. The Steps of Shooting
"9 Steps to the 10 Ring"
ACTIVITY: Shooting Practice

5. Teaching a New Archer
Teaching the First Shots
The "Gumby Technique"
ACTIVITY: Coach & Pupil New Archer
Test and Course Evaluation
Closed Book Final Examination

6. Developing Archery Skills
Shooting Form Development
The Oreo® Technique
Coaching Positions
Form Development - Shooting Steps
ACTIVITY: Skills Development

7. Equipment
Parts of the Bow and Arrow
Equipment Selection
Ordering Equipment
Repairing and Improving
Caring for and Storing Equipment

8. Archery Program Development
Class Instruction/Planning
Variety and Fun
Scoring Rounds
Tournaments
Achievement Programs
Games

9. History of Archery

10. Archery Terms
Activity: Group Instruction
Teaching a Safe Orientation Class