

# 2009-2010 Climbing & COPE Trainings

## Instructor Training and Recertification Courses

Please check the course you are attending:

### Tower and Rock Instructor Courses

- \_\_\_\_\_ Fall Tower Instructor Course: September 19, 2009 (1-day class)
- \_\_\_\_\_ Fall Rock Climbing Course: October 9-11, 2009 (full weekend , includes Tower Course)
- \_\_\_\_\_ Spring Tower Instructor Course: March 13, 2010 (1-day class)
- \_\_\_\_\_ Spring Rock Climbing Course: April 16-18, 2010 (full weekend , includes Tower Course)

### \*Tower Instructor Re-Certification Courses:

- \_\_\_\_\_ 8 am Recert. \_\_\_\_\_ 1 pm Recert. September 19, 2009 (4-hour class; no Sunday recert.)
- \_\_\_\_\_ 8 am Recert. \_\_\_\_\_ 1 pm Recert. October 10, 2009 (4-hour class)
- \_\_\_\_\_ 8 am Recert. \_\_\_\_\_ 1 pm Recert. March 13, 2010 (4-hour class)
- \_\_\_\_\_ 8 am Recert. \_\_\_\_\_ 1 pm Recert. April 17, 2010 (4-hour class)

### \*Rock Instructor Re-Certification Courses:

- \_\_\_\_\_ 8 am Recert. \_\_\_\_\_ 1 pm Recert. October 10, 2009 (4-hour class)
- \_\_\_\_\_ 8 am Recert. \_\_\_\_\_ 1 pm Recert. April 17, 2010 (4-hour class)

### \*\*C.O.P.E. Instructor Courses:

\*\*Contact COPE Committee in advance. C.O.P.E. experience is helpful, but not required.  
 Questions: contact Shelly Hamedi, [hamedi@uta.edu](mailto:hamedi@uta.edu); Ed Knetsch, [Edwin\\_Knetsch@stercomm.com](mailto:Edwin_Knetsch@stercomm.com)

\*Recert Climbing Classes open ONLY to currently certified Tower or Rock Instructors with certificates expiring in same year. Questions: contact Gary Wilson at [garywils@swbell.net](mailto:garywils@swbell.net)

### Fees:

(Enter # of People)

- \_\_\_\_\_ Tower Course..... x \$20 ..... = \_\_\_\_\_ Acct #: 1-6801-211-20
- \_\_\_\_\_ Tower Recertification Course .... x \$20 ..... = \_\_\_\_\_ Acct #: 1-6801-211-20
- \_\_\_\_\_ Rock Course..... x \$45 ..... = \_\_\_\_\_ Acct #: 1-6801-217-20
- \_\_\_\_\_ Rock Recertification Course ..... x \$20 ..... = \_\_\_\_\_ Acct #: 1-6801-217-20

TOTAL ENCLOSED: \_\_\_\_\_

Name: \_\_\_\_\_ Unit #: \_\_\_\_\_ District: \_\_\_\_\_ Council: \_\_\_\_\_

e-mail addresses (MUST be legible): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Date(s) of last Rock or Tower Training Course(s): \_\_\_\_\_

For Information about Tower and Rock instruction contact Gary Wilson at [garywils@swbell.net](mailto:garywils@swbell.net)  
 For Information about C.O.P.E. contact Shelly Hamedi, [hamedi@uta.edu](mailto:hamedi@uta.edu)

### Mail to:

Longhorn Council BSA  
 Attn: Climbing / COPE Trainings  
 PO Box 54190  
 Hurst, TX 76054

**Registration Info:**  
 Phone: 817-231-8537  
 Fax: 817-231-8600  
[camping@longhorn.org](mailto:camping@longhorn.org)

**Climbing Program Info:**  
[climbing@longhorn.org](mailto:climbing@longhorn.org)  
[garywils@swbell.net](mailto:garywils@swbell.net)

**C.O.P.E. Program Info:**  
[cope@longhorn.org](mailto:cope@longhorn.org)  
[hamedi@uta.edu](mailto:hamedi@uta.edu)

# Climbing Course Information

## Course Information Packets

You **MUST** supply a legible email address in order to receive a packet! Course information packets will be emailed to participants who are pre-registered.

## Required Climbing Course Manual

The required course manual for all climbing courses is the BSA's Topping Out, A BSA Climbing/Rappelling Manual, available at Longhorn Council Scout Shops.

## Rock Climbing Instructor Course

Unlimited enrollment, preregistration required.

These classes are designed to certify adults to lead rock climbing and rappelling activities for single and multi-unit activities. The course will be held Friday evening through Sunday on the dates listed on the reverse at the Hermit's Cave camping area at Sid Richardson Scout Ranch. The fee includes all meals from breakfast on Saturday to lunch on Sunday. Please bring something for a cracker-barrel Friday night. Plan to arrive early and be prepared to start class no later than 8:00 PM on Friday, as the course will begin promptly. We will try and dismiss by 5:00 PM on Sunday afternoon. You will not need to make a camp reservation. *NEW: Interested trainees may take a Tower Certification Class on Sunday afternoon.* All registrations must be prepaid. After registering, participants will receive the course agenda, a BSA Climb On Safely outline, and an outline of knots participants are expected to know on arrival for the class. The required course manual for climbing courses is the BSA's Topping Out, A BSA Climbing/Rappelling Manual, available at Longhorn Council Scout Shops.

## Tower Instructor Course

Unlimited enrollment, pre-registration required. Saturdays only.

Tower training classes will be held at the Climbing Tower near the COPE Course at Sid Richardson Scout Ranch. There will be a \$10 non-refundable fee due at time of application. These classes are designed to certify adults to lead Tower climbing and rappelling activities for units. Check in time is 7:45 AM at the tower. The Classes will end at 6:00 PM. Please bring a sack lunch and lots of water/drinks/snacks. You will not need to make a camp reservation. The required course manual for climbing courses is the BSA's Topping Out, A BSA Climbing/Rappelling Manual, available at Longhorn Council Scout Shops.

## Tower & Rock Instructor Recertification Courses.

Unlimited enrollment, pre-registration required. Saturdays only.

The Climbing Re-Certification Courses will be held at Sid Richardson Scout Ranch. Rock Recert. Courses are held at the Hermit's Cave camping area. Tower Recert. Courses are held at the tower near COPE. Anyone who completes the new Rock Training course may get a tower card in a Tower Recert. course. The courses will be from 8 AM till 12 noon, or 1 PM to 5 PM. Be sure to bring a lunch, lots of water, and gloves. You will not need to make a camp reservation. A \$10 non-refundable fee is due at the time of registration.

## Climbing Training Staff Positions

Experienced instructors who would like to help with the training may contact Gary Wilson at [garywils@swbell.net](mailto:garywils@swbell.net) for information and evaluation.

## C.O.P.E. Instructor Course

Preregistration required.

For adults 18 and older who enjoy helping others develop their skills and desire to have a whole lot of fun in the woods! Challenge course programming emphasizes learning by doing. We guide Scouts, Scouters, and people of all sizes, shapes, and physical abilities through initiative problems and low and high ropes course challenges. Courses are designed to develop leadership, goal setting, communication, decision-making, problem solving, teamwork, confidence, trust, and self-esteem. Course takes two weekends, plus another weekend in a C.O.P.E. Course group. Youth 16 and 17 years old can be trained as "Instructors In-Training." Trained C.O.P.E. Instructors make \$75 for each weekend course they help facilitate. The C.O.P.E. course is located on Sid Richardson Scout Ranch. For more info contact Shelly Hamedi, [hamedi@uta.edu](mailto:hamedi@uta.edu); Ed Knetsch, [Edwin\\_Knetsch@stercomm.com](mailto:Edwin_Knetsch@stercomm.com).